



# MEET UP AND EAT UP

Friends, FREE Meals and Fun!

**PROGRAM RUNS THROUGH AUGUST 4, 2022**

**Site locations, dates and times are outlined on  
the back of this flyer and at the following link:**

[Utica12.nutrislice.com/menu](https://Utica12.nutrislice.com/menu)

***Receive FREE, USDA-funded, healthy meals!***

Meals are free to children and teens ages 18 years and under as well as to persons up to age 26 who are enrolled in an educational program for the mentally or physically disabled that is recognized by a state or local public agency. All meals must be eaten onsite and the child must be present to receive the free meal.

**The following sites will serve outside at the designated areas**

**June 13-July 28 Mondays through Thursdays and must be eaten onsite:**

- Autumn Woods under tree near office, 44401 Bridal Lane, Sterling Heights: 1:15-1:35pm
- Sterling Estates outside their clubhouse in the picnic area, 43475 La Grand Blvd, Sterling Heights: 12:40-1:00pm
- Rudgate Manor at the Gazebo bus stop 3, 5150 Rudgate Circle, Sterling Heights: 12:00-12:20pm

**Breakfasts and lunches will be available Monday-Friday at the following summer sites. Meals must be consumed inside the cafeteria/gym.**

**Meals will run from June 20-July 29. Public mealtimes are as follows:**

Breakfast 9:00-9:15am and lunch 12:15-12:30pm

- Alternative Learning Center, 7600 18 Mile Rd., Sterling Heights
- Eppler Junior High – Door 1, 45461 Brownell, Utica
- Jeannette Junior High – Door 8, 40400 Gulliver, Sterling Heights

Breakfast 8:30-8:45am and lunch 12:00-12:15pm

- Burr Elementary, 41460 Ryan rd., Sterling Heights
- Harvey Elementary, 41700 Montroy, Sterling Heights
- Roberts Elementary, 2400 Belview, Shelby Twp
- Plumbrook Elementary, 39660 Spalding, Sterling Heights
- Schuchard Elementary, 2900 Holly, Sterling Heights: Breakfast
- Wiley Elementary, 47240 Shelby, Shelby Twp

**Sterling Heights Parks & Rec programs from June 27 through August 4. We will serve Mondays through Thursdays, except for DeKeyser who will be served on Fridays. No meals will be served July 4, 28, 29 & August 2.**

**No lunches will be served July 7, 14 & 26.**

Breakfast 8:45-9:00am and lunch 12:30-12:45pm

- Graebner Elementary, 41875 Saal, Sterling Heights
- Oakbrook Elementary, 12060 Greenway, Sterling Heights
- Browning Elementary, 12400 19 Mile rd, Sterling Heights
- Dekeyser Elementary, 39600 Atkinson, Sterling Heights

**Non-discrimination Statement:** In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: USDA Program Discrimination Complaint Form, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

