

PARENTING IN THE DIGITAL AGE

Understanding, Developing, and Protecting your iGen child

Thursday, September 13th, 2018

7:00pm – 8:15pm

Shawnee Mission West High School Auditorium
8800 West 85th Street, Overland Park, KS

The presentation is specifically intended to provide support for parents of elementary-aged children, but we welcome all who may be interested.

[**RSVP NOW**]



Our children will grow up with screens all around them. Learn how you can use technology for the better while building your child's family, social, and emotional connections. Through this interactive and informative program, three expert child advocates will share practical tips you can apply today to create a thoughtful technology balance in your home.

You will learn ...

- About brain and body development as well as the emotional, social, and educational consequences of screen time.
- To recognize the legal aspects of juvenile online activity and develop steps for prevention and reporting.
- Practical guidelines that will encourage whole child wellness and prioritize family connections.

Speakers include:



Natasha Burgert, MD, FAAP

Dr. Natasha is a KC-based pediatrician, National Spokesperson for the American Academy of Pediatrics and member of the AAP's Counsel of Communication and Media. She shares her expertise in child health as a regular contributor to NBC News Parent Tool Kit, *US News and World Report*, and KCKidsDoc.com.



Susan Dunaway, LCPC, BCN

Susan is a Neurotherapist and is board certified in neurofeedback, a specialized technique that improves the brain's ability to communicate, task and use energy efficiently. She helps clients at her clinic, Amend Neurocounseling and speaks locally about technology's impact on society through the Face2FaceMovement.

You may ask yourself ...

- Smart phones, game systems, tablets, television, virtual reality – How do these fit into my family's daily life?
- Why do my kids choose screens over interacting with the people around them?
- How much screen time is too much?
- Are all these games really a big deal?
- How can my kid stay healthy and safe with all these choices?
- Why do my kids lose control when I try to limit or remove screen time?

Plus ...

Detective Moore, Child Exploitation Task Force Officer, Overland Park Police Department

Adult subjects will be discussed. No children please.